

Goal: Travel

32 THINGS (FOR ADULTS) TO DO INSTEAD OF SPENDING MONEY

- Read a book
- Learn a different language
- Have a picnic
- Spa day (paint your nails, facial, bath)
- Rollerblade
- Find clothes to donate
- Scrapbook
- Plan your next trip
- Exercise Video
- Create a weekly meal plan
- Video Chat an old friend
- Binge watch a TV show
- Make a list of favorite quotes
- Go to the dog park
- Backyard bonfire
- Try a new recipe
- Stargaze
- Create a Budget
- Movie Night
- Learn new Yoga moves
- Declutter cabinets
- Do a puzzle
- Watch funny Youtube Videos
- Go for a walk
- Visit a local trail
- Create a Bucket List
- Bike ride
- Play a game
- Listen to a Podcast
- Journal
- Make a card for a friend
- Video Games

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